**Full Colours- Sport**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Tutor\_\_\_\_\_\_\_\_**

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| **x** | **You must meet the criteria in BOLD and two other criteria to be awarded Full Colours. (2 must have taken place in school)** Please tick the boxes that apply. | **Evidence of Achievement**Provide a date and description of activity. | **Staff****Initials** |
| **x** | **Lead/be responsible for organising and running a sporting event/club within the school *e.g. leading a lunchtime sports club for younger pupils, organising activities for a wider health promoting event within the school.*** |  |  |
|  | Commit to promoting whole school health and wellbeing through involvement in working groups *e.g. Young Ambassadors, Health and Wellbeing Young Leaders, School Sports Council.* |  |  |
|  | Commit time to helping in junior classes/teams and/or helping individual learners to develop skills in PE and sport *e.g. classroom help, individual support, leading small groups.* |  |  |
|  | Be selected to represent your sport in a Regional/National/International sporting event or competition for school/club *e.g. Scottish Schools Athletics, Aberdeenshire Schools’ Football, Scottish Schools Swimming, Regional select Squad.* |  |  |
|  | Achieving sporting qualifications *e.g. Black belt in Martial Arts, Football Level 1 coaching award, Gymnastics badges.* |  |  |
| **Colours Awarded** | Yes | No |  |
|  |  |  |  |
| Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date \_\_\_\_\_\_\_\_\_\_ |

(to be signed by member of colours committee)

**Half Colours- Sport**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Tutor\_\_\_\_\_\_\_\_**

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| **x** | **You must meet the criteria in BOLD and one other criteria to be awarded Half Colours.** Please tick the boxes that apply. | **Evidence of Achievement**Provide a date and description of activity. | **Staff****Initials** |
| **x** | **Represent the school in competitive sporting events for 3 years** e.g. Cross Country competitions, Athletics competitions, league and cup matches for school sports teams. |  |  |
|  | Show a commitment to participating in at least 2 extra- curricular sporting activities offered within the school. |  |  |
|  | Commitment to participating in a sport out of school. *e.g. club team, individual sport.* |  |  |

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| **Colours Awarded** | Yes | No |  |
|  |  |  |  |
| Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Date \_\_\_\_\_\_\_\_\_\_ |

 (to be signed by member of colours committee)